



Warmest Welcome Ltd



## Activities

### MONDAY

One to One Time

Dominoes & Board Games

### TUESDAY

Arm Chair Exercises

Guided Meditation

### WEDNESDAY

Walks Out / Shopping

Arts & Crafts

### THURSDAY

Wordsearch & Quiz

Residents' Movie Choice

### FRIDAY

Trip down Memory Lane

Sing Along &  
Hairdresser Visiting

### SATURDAY

One to One Time

Live Music

### SUNDAY

Church Service

Baking

